

Awareness of Mental Health Problems

Level 2 Certificate
Distance Learning



Awarding Body:

NCFE
or
TQUK

Course length:

16 Weeks/
160 hours

Mode of study:

Distance Learning
Online at home/
office

Details:

This mental health training course aims to give learners knowledge about a range of different mental health issues and covers causes of these issues as well as how mental health problems can be managed and treated. This mental health training course will help you to build up achievements in a way which is appropriate and meaningful.

Units covered:

- ⇒ Understanding mental health
- ⇒ Understanding stress
- ⇒ Understanding anxiety
- ⇒ Understanding phobias
- ⇒ Understanding depression
- ⇒ Understanding post-natal depression
- ⇒ Understanding bipolar disorder
- ⇒ Understanding schizophrenia
- ⇒ Understanding dementia
- ⇒ Understanding eating disorders
- ⇒ Understanding Attention Deficit Hyperactivity Disorder (ADHD)
- ⇒ Understanding Obsessive Compulsive Disorder (OCD)
- ⇒ Understanding Post-Traumatic Stress Disorders (PTSD)

Assessment:

Learners will complete a series of assessment questions throughout the course with feedback from the tutor/assessor. There will be regular submission dates for work. This is done via a professional learning platform, and you complete it at a time that suits you, with the support of an online tutor.

How to enrol:

Email us: ref@voncaprecruitment

Phone us: 01803 422082

Visit our website: www.voncap.co.uk/distance-learning-courses